

# WHYSUP

EDUCATION



**Year 6 Primary School Programme**

**[www.whysup.co.uk](http://www.whysup.co.uk)**

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## WHAT IS THE YEAR 6 PRIMARY SCHOOL PROGRAMME?

02 What is the  
Primary School  
Programme?

It's a package of interactive lessons and supporting resources that will upskill young people and provide awareness to aid the transition to secondary school.

03 What's  
covered?

The content is designed specifically for Year 6 students covering relevant topics inc. mental health and wellbeing. This is delivered in a fresh and unique way using both animation and real secondary students to make an impact.

04 What's included  
& How it works

Teachers will be empowered and supported through included guides, activities and worksheets.

06 Who are we?



07 Connect





# WHAT'S COVERED?

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## WHO DO YOU WANT TO BE?

- ✓ Choices
- ✓ Your team
- ✓ Friendship



## MENTAL HEALTH

- ✓ What is it?
- ✓ How are you?
- ✓ Mental fitness
- ✓ It's good to talk



## SOCIAL MEDIA

- ✓ The basics
- ✓ How do you use it?
- ✓ Risks
- ✓ Do's and don'ts



## GAMING

- ✓ Types
- ✓ My gaming
- ✓ Risks
- ✓ The cost



## WELLBEING

- ✓ What is it?
- ✓ Personal routine
- ✓ Taking care of yourself
- ✓ Connection

# WHAT'S INCLUDED?

01

## STAFF INTRODUCTION VIDEO

- Who are we?
- What we do
- The Programme

02

## STUDENT INTRODUCTION VIDEO

03

## FIVE INTERACTIVE LESSONS

- Pre-recorded content utilising the lived experience of young people
- Specific Targeted Activities

04

## SUPPORTING RESOURCES

- Lesson guides
- Activities
- Worksheets

05

## USEFUL CONTACTS & LINKS TO SUPPORT YOUNG PEOPLE

# HOW IT WORKS

01

SCHOOL SIGNS UP FOR AN ACADEMIC YEAR

02

SCHOOL IS GIVEN A UNIQUE LOGIN TO OUR PRIMARY SCHOOL PLATFORM

03

THE PLATFORM CAN BE ACCESSED FROM ANYWHERE ON ANY DEVICE

04

LESSON CONTENT AND RESOURCES ARE ALL SIMPLY CONTAINED WITHIN THE PLATFORM FOR EASE OF USE

05

ONGOING TECHNICAL SUPPORT FROM THE WHYSUP TEAM



# WHO ARE WE?

WHYSUP



MARK



LIAM

WHYSUP was started by Mark and Liam, two old school friends who experienced difficulties with addiction and mental health, worked hard to rebuild their lives and are passionate about wellbeing.

## THE STUDENTS



# COSTS

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£550 +VAT

Per academic year

# GET IN TOUCH

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[www.whysup.co.uk](http://www.whysup.co.uk)



# WHYSUP

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